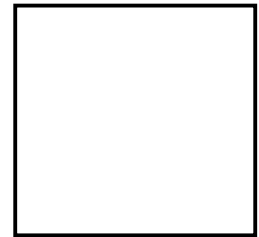


Seizure EMERGENCY CARE PLAN



Student Picture

Student Name: _____ Date of Birth: _____

School: _____ Grade: _____ Teacher: _____

Parents: _____ Phone Numbers: _____

Emergency Contact Information: _____

Doctor: _____ Phone: _____

Medical Condition: _____

Usual Treatment:

A. Generalized tonic clonic (grand mal) Seizure:

- Activate Medical Emergency Team
- Call 911
- Contact Parent
- Keep calm and reassure other people who may be nearby. Remove other children and non-essential adults from the location.
- Don't hold _____ down or try to stop his/her movements
- Time the seizure.
- Clear the area around _____ of anything hard or sharp
- Loosen tight clothing around the neck that may make breathing difficult.
- Put something flat and soft, like a folded jacket, under his/ her head.
- Turn him/ her gently onto one side. This will help keep the airway clear.
- Do not try to force his/her mouth open with any hard implement or with fingers. **A person having a seizure CANNOT swallow his/her tongue.** Efforts to hold the tongue down can injure teeth or jaw.
- Stay with _____ until the seizure ends naturally.
- Be friendly and reassuring as consciousness returns.

B. Other: _____

Comments: _____

Plan written by: _____ Date: _____

Parent Signature: _____ Date: _____